

Free Teen Depression Webinar

For parents, teachers, and other caring adults who work with youth

**Presented by Nancy Rappaport, M.D.
Thursday, October 30, 7:00 – 8:00 PM ET**

Why is teen depression an important issue?

- The average onset age for depression is 14 years old
- 20% of young adults will have experienced depression during their teen years
- More than 70% of teens respond to depression treatment
- Untreated depression can lead to substance abuse, self-harm, and in some cases, suicide.

How can you help a teen struggling with depression?

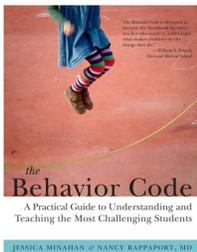
Watch our Teen Depression Webinar and learn from Dr. Nancy Rappaport, as she discusses

- How to recognize the signs of depression in teens
- How to talk to teens about depression
- How to get help for a struggling teen
- How to address difficulties that may arise, such as the refusal of help



Watch the webinar live to submit questions to Dr. Rappaport.

After the webinar, complete the online evaluation and we'll send you a **free** set of Depression and Bipolar Wellness Guides for Parents and Teens, available in English and Spanish.



Dr. Nancy Rappaport is a board-certified child and adolescent psychiatrist and associate professor of psychiatry at Harvard Medical School. Dr. Rappaport completed her internship and residency at Massachusetts General Hospital and a fellowship in child and adolescent psychiatry at Cambridge Hospital. Her newest book is The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students (Harvard Education Press, April 2012), written with behavioral analyst Jessica Minahan.

Register at familyaware.org/trainings

Not available for the live webinar? Register today and watch it on demand, at your convenience.

Families for Depression Awareness is a national nonprofit organization helping families recognize and cope with depression and bipolar disorder to get people well and prevent suicides.
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